

## Bullying

### \*Annual Media That Matters Film Festival

#### Third Annual Media That Matters Film Festival

010481 DV

SA 75 min 2003 New Day Films  
This Film Festival DVD showcases many different ways to use media for doing good. From the environment to criminal justice to racial profiling, the DVD's 16 short films and new media works by talented and issue-oriented filmmakers present real-life struggles, some controversial, in fresh, energetic ways. Topics include bullying, girls' body image, prison rape, and safe gay sex. The program - some of which was aired in conjunction with the Sundance Channel - can be used as a tool for civic engagement and teaching a range of critical social topics.

Produced by MediaRights.org and copyrighted by the Human Rights Watch International Film Festival.

Sociology; Social problems;  
Television; Food Pyramid and Healthy Eating; Media literacy; Bullying; Sexual Orientation and Gender Issues

#### Both of My Moms' Names Are Judy: Children of Lesbians and Gays Speak Out

013043 DV

A 11 min 1994 GLSEN Bookstore  
In-service training program for elementary school educators and administrators. It presents a diverse group of children (ages 7 - 11) who have lesbian and gay parents. In candid interviews, they talk about who is in their families, how it feels to be teased about their parents, how classroom silence about homosexuality affects them, and what they would like to see change. A powerful teaching tool for diversity education.

Self-Esteem & Prejudice;  
Professional education; Bullying; Discrimination; Teachers-Training of; Guidance; Sexual Orientation and Gender Issues; Teaching; Family life education

#### Boys on Bullying

012435 DV

IJS 20 min 2003 Blake Works, Inc.  
Five boys tell how bullying affected their lives. They describe how support from their peers, parents and other caring adults made the difference.

Guidance; Bullying; Bullying in schools-Psychological aspects

#### The Bully Proof Kit

013197 VH, DV

PI 60 min CA 2006 Human Relations Media

*Bully smart Series* - Includes the analysis of bullying and its social and psychological effect on others through real life scenarios and dramatization to help understand this behavior. Various segments depict types of bullying and

scenarios to encourage students to identify their own traits. Also includes strategies to empower children to stop bullying by keeping away, standing up against, being brave, reaching out to a grown up. Emphasizes peer pressure to intervene and how bullying is a learnt attitude that can be changed. (302.3/4)

Bullying in schools; Intimidation; Safety education; Bullying-Prevention; Aggressiveness in children; Rumor; Teasing; Human Relations Media DVDs; Children-Conduct of life; Bullying; Bystander effect; Counseling in elementary education; Life skills; Bullies-Behavior; Behavior modification

#### Bully smart

*For descriptions see individual titles:*  
The Bully Proof Kit [013197]

#### Bullying

013218 DV

IJS 15 min CA 2001 Library Video Company

*Conflict Resolution for Students Series* - With case studies shows how to curtail bullying occurs within school bounds and outside. The first episode shows an overweight student faced with daily bullying by school mates on the school bus. The second episode ponders an older group of students menacing kids playing basketball. (302.34 B)

Interpersonal communication; Respect; Teasing; Bullies; Counseling in middle school education; Conflict management; Problem solving; Harassment; Intimidation; Counseling in secondary education; School violence-Prevention; Conduct of life; Life skills; Bullying; Counseling in elementary education; Violence-Prevention

#### Bullying, the Internet and You (Grades 5 - 9)

011899 VH, DV

A 20 min 2005 Sunburst  
This program for teachers takes a look at bullying and harassment on the Internet and explores how teens can protect themselves. With the remarkable speed of the Internet, kids are spreading rumors and gossip, embarrassing and tormenting their peers with a newfound anonymity. With teacher's guide.

Bullying; Teaching; Human Relations; Guidance; Professional education

### \*Chrysanthemum

P 13 min 1998 Library Video Company

*Scholastic video collection Series* - Animated story about teasing, bullying, friendship, respect and self-esteem in which a little mouse has her name ridiculed. She overcomes the teasing with the help of her teacher. Written and illustrated by Kevin Henkes (13 min.). Narrated by Meryl Streep and music composed by Ernest V. Troost.

Bullying in schools; Guidance; Animals-Fiction; Children's stories-Film and video adaptations; Stories; Bullying; Human Relations; Teasing; Children's stories; Mice-Fiction

### Chrysanthemum

000072 VH

P 13 min 1998 Weston Woods

From the popular book by Kevin Henkes, *Chrysanthemum* is a little mouse who loves her name until she gets ridiculed at school because of it. Mrs. Twinkle, the music teacher, helps her learn to appreciate the beauty of her name again. This animated story will help children explore the meaning of friendship and learn about the positive effects of kindness as well as investigating feelings of envy. Narrated by Meryl Streep.

Stories; Guidance; Teasing; Bullying in schools; Human Relations; Children's stories; Bullying

### \*Chrysanthemum and More Kevin Henkes Stories

P08482 DV

P 60 min 2001 Library Video Company

*Scholastic video collection Series* - Collection of animated stories about teasing, bullying, friendship, respect and self esteem, mostly by Kevin Henkes. *CHRYSANTHEMUM*: about a little mouse whose name gets ridiculed. She overcomes the teasing with the help of her teacher. Written and illustrated by Kevin Henkes (13 min.). *OWEN*: Owen's parents won't let him bring his fuzzy blanket to school but his mother has a solution. Written and illustrated by Kevin Henkes (13 min.). *WEEKEND WITH WENDELL*: Sophie learns to assert herself during a weekend visit with bossy, big-mouth Wendell. Written and illustrated by Kevin Henkes (9 min.). *PICNIC*: A little mouse gets lost and found on the way to a family picnic. By Emily Arnold McCully (13 min.). *MONTY*: When Monty the alligator goes on vacation, a rabbit, duck, and frog look for another way to cross the river to school. They realize that they have taken Monty for granted. By James Stevenson (7 min.). *THE WIZARD*: story about a dissatisfied mouse who wants the wizard to help him change into something else. When the wizard

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does the trick, the mouse has trouble finding the perfect thing. By Jack Kent (8 min.).

Bullying in schools; Guidance; Animals–Fiction; Stories; Children's stories–Film and video adaptations; Bullying; Human Relations; Teasing; Children's stories; Mice–Fiction

### Conflict Resolution for Educators

*For descriptions see individual titles:* Students and Self-Destructive Behavior [013836]

### Conflict Resolution for Students

*For descriptions see individual titles:* Bullying [013218]

### Connect with kids at-risk

*For descriptions see individual titles:* Cyberstalking and Bullying [012478]

### \*A Crocodile in My Garden

BP 10 min 2000 Nat'l Film Bd of Can

Stars a lovable teddy bear, Ludovic, brought to life through puppet animation, who helps children age 2 to 6 learn to deal with social situations as they take their first steps into the world around them. ). "A Crocodile in My Garden" is a springtime tale of a colorful menagerie with a crocodile.

Language arts; Foreign Language; French; Bullying; Cooperation; Art; Guidance; Stories

### Cyberstalking and Bullying

012478 DV

IJS 16 min 2006 New Dimension Media/Questar

*Connect with kids at-risk Series* - In Part 1 stresses that Internet predators use teen chat rooms, instant messaging and text messaging to lure their victims to face-to-face meetings. Part 2 acknowledges the difficulties in parents intercepting these messages and protecting their children from sexual predators. In comparison, the third section highlights a successful attempt to locate a sexual predator by tracing his IP address. The typical victim of Part 4, can be victimized by any of the methods presented in Part 5. Part 6 supports the efforts of educators to inform their students about the dangers of the Internet and to sponsor Cybercamps where students can learn about ways to protect themselves. (004.67/8)

Problem youth; Parenting; Internet–Safety measures; Bullying; Internet and children; Internet and teenagers; Guidance; Counseling in middle school education; Counseling in secondary education

### \*Dealing with difference : opening dialogue about lesbian, gay and straight issues

013924 DV

JS 35 min CA 2003 Human Relations Media

Fosters a healthy dialogue about sexual orientation among students while informing everyone of the effects that anti-gay harassment and bullying can have on all students. Discusses the sexual orientations of lesbian, gay, bisexual, and transsexual. Presents a mixture of dramatic vignettes and interviews with real teens to encourage students to look at their own behavior as well as that of their peers. Helps students examine what mutual respect means, and how it can be promoted in the school environment. Mentions the existence of Gay/Straight Alliances at schools and how they may be helpful. Concludes with an appeal to students to respect differences, interrupt biases, and do something to make schools safe. (306.76)

Moral education; Bullying; Gender identity; Lesbians; School environment; Teenagers–Interviews; Transsexuals; Homosexuality; Sexual Orientation and Gender Issues; Sexual harassment; Human Relations Media DVDs; Sexual orientation; Counseling in middle school education; Conduct of life; Individual differences; Bisexuals; Gays; Counseling in secondary education; Sex differences

### Decisions and Conflicts

013202 DV

PI 23 min CA 2005 Library Video Company

*Health for children Series* - Explains the way to identify what conflicts are, the causes, and the symptoms along with the negative and positive impact on behavior. It also emphasizes how conflict could be tackled and handled to avoid flare ups. It provides suggestions about dealing with bullies and peer pressure. (302.3/4)

Children–Conduct of life; Peer pressure; Spanish language materials–Bilingual; Bullying; Interpersonal conflict; Conflict management; Bullying in schools; Counseling in elementary education

### Degrassi Junior High

*For descriptions see individual titles:*

Degrassi Junior High: Season 2, Disc 2 [012398]

### Degrassi Junior High: Season 2, Disc 2

012398 DV

JS 100 min CA 1989 Amazon.com

*Degrassi Junior High Series* - In Program 5, Caitlin has difficulty accepting that she has epilepsy, and Michelle is overcome with shyness when she is required to make a

speech. In Program 6, Joey has to face the consequences when he crosses the class bully. In Program 7, Rick and Caitlin try to help Kathleen when they discover that her mother is an alcoholic. In Program 8, Erica decides that she is spontaneous, romantic, and mature in comparison to her twin Heather who is sensible and boring. To prove it, Erica kisses a boy at the school dance, making Heather jealous. (305.235)

Speech anxiety–Drama; Counseling in secondary education; Drug and Substance Abuse; Interpersonal relations–Drama; Timidity–Drama; Alcoholism–Drama; Bullying–Drama; Jealousy–Drama; Alcohol and Drinking; Counseling in middle school education; Alcoholics–Drama; Bullying; Sibling rivalry–Drama; Moral education; Mental Health Month (May); Bashfulness–Drama; Substance abuse–Drama; High schools–Drama; Adolescence; Epilepsy–Drama; Social skills–Drama; Bullies–Drama; Family life education

### Don't Call Me Names

012306 DV

P 15 min 2003 Human Relations Media

Demonstrates the hurtful emotional effects of name-calling. Uses real-life scenarios to highlight the reasons behind name-calling, the effect it has on others, and illustrate how children can be more assertive in stopping others from ridiculing them. The program for grades K - 2 features pauses after each segment to provide opportunities for discussion and problem-solving. (177/.1)

Teasing; Bullying; Conduct of life; Child psychology; Guidance; Emotions in children; Interpersonal relations; Human Relations Media DVDs; Ridicule; Aggressiveness in children; Courtesy; Counseling in elementary education; Social skills; Life skills

### Don't Laugh at Me - Grades 2 - 5

012406 VH

PI 17 min 2000 Operation Respect

Combines music, video, and well-tested curricula with a professional development component to help students, and the adults who impact their lives, create a climate of respect. The program is designed to enrich and nurture young people's emotional, social, and ethical development by providing character education, conflict resolution, and teaching tolerance programs.

Bullying in schools; Bullying; Guidance

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### Don't Laugh At Me - Grades 6 - 8

012407 VH

IJ 17 min 2000 Operation Respect  
Combines music, video, and well-tested curricula with a professional development component to help students, and the adults who impact their lives, create a climate of respect. The program is designed to enrich and nurture young people's emotional, social, and ethical development by providing character education, conflict resolution, and teaching tolerance programs. (158.1)

Bullying in schools; Character; Conflict management; Professional education; Toleration; Guidance; Life skills; Counseling in middle school education; Counseling in elementary education; Conduct of life; Moral education (Elementary); Bullying; Respect; Respect for persons; Self-esteem

### Eloise Goes to School

012855 DV

PI 45 min 2006 Amazon.com  
Eloise is enrolled in a prestigious academy but finds strict teachers and rules and mean girls. She decides to stand up to bullying and impress her teachers with idea of fun and adventurous learning.

Foreign Language: Spanish;  
Bullying; Stories; Children's stories

### \*Four Seasons in the Life of Ludovic and the World of Co Hoedeman

P08490 DV

BP 100 min 2003 Nat'l Film Bd of Can

This DVD features 8 prize-winning short tales from animator Co Hoedeman. The first part "Four Seasons in the Life of Ludovic," includes a quartet of films starring a lovable teddy bear, Ludovic, brought to life through puppet animation. Each story helps children age 2 to 6 learn to deal with social situations as they take their first steps into the world around them. In "The Snow Gift," Ludovic invents games with a toy that comes to life, in order to pass away the long winter days (14 min). "A Crocodile in My Garden" is a springtime tale of a colorful menagerie with a crocodile (10 min). "Visiting Grandpa" is a poignant story of a grandfather and grandson who gradually learn to accept the death of a loved one (12 min). In "Magic in the Air," Ludovic learns that friendship can help him face the fiercest bully (12 min). The second part "The World of Co Hoedeman" features four classic tales: Oscar winner "The Sand Castle" (13 min., also on VHS video, MC#4549) "Tchou-tchou" (14 min., also on VHS video, MC#4579), "The Treasure of the Grottoceans" ((16 min.) and "The Box" (10 min.).

Language arts; Foreign Language: French; Bullying; Cooperation; Art; Guidance; Stories

### Freaks and Geeks (1): 1) Pilot Episode; 2) Beers and Weirs; 3) Tricks and Treats

011690 DV

JS 180 min 1999 Amazon.com  
*Freaks and Geeks: The Complete Series* - Emmy award-winning television series by NBC about the trials and tribulations of teenagers dealing with life in a Michigan high school in the 1980s, based on real-life characters. Original episodes with behind-the-scenes footage and commentary tracks of participants of the show. 1) PILOT EPISODE: Lindsay quits the academic decathlon team (a.k.a. the "mathletes") and begins hanging around with a new crowd. Her depression grows after her attempt to stop the teasing of a special education student goes terribly wrong. She turns to the guidance counselor for advice, but he only cares about getting her back in the academic decathlon. Lindsay's brother Sam ponders asking cheerleader Cindy to the homecoming dance, while trying to cope with persistent teasing at the hands of a savage bully. 2) BEERS AND WEIRS: Lindsay hesitantly agrees having a "kegger" while her parents are away in the hopes of impressing Daniel, who has broken up with Kim. Sam and Neal become worried about alcohol abuse and switch the keg to non-alcoholic beer. Despite the lack of alcohol, the party quickly gets out of hand. Lindsay catches a reunited Daniel and Kim making out in her bedroom. When she turns to Nick for comfort, he tries to feel her up. Neal comes up with a way to break up the party before it turns into a riot. While watching his beloved Dallas show in Sam's bedroom, Bill samples the keg with the real beer and gets a little carried away. 3) TRICKS AND TREATS: Misbehavior at Halloween about candy, costumes and giving out candy to trick-or-treaters gets several teens from the group in trouble.

Human Relations; Guidance; Bullying; Alcohol and Drinking; Adolescence; Health & Safety; Mental Health Month (May)

### Freaks and Geeks: The Complete Series

For descriptions see individual titles:  
Freaks and Geeks (1): 1) Pilot Episode; 2) Beers and Weirs; 3) Tricks and Treats [011690]

### Frontline

For descriptions see individual titles:  
Growing Up Online [012977]

### Getting Along with Groark

For descriptions see individual titles:  
Groark Learns About Bullying [011502]

### Girls: Entering the Teen Years

013569 DV

JS 52 min 2002 Films Media Group  
This program follows several participants over a two-year period, exploring the biological, psychological, and social pressures that start with puberty. Claudia had envisioned becoming a professional dancer until her body started to change. Identical twins Jessica and Rebecca worry about bra shopping. Alex at 13 sheds light on the trauma of starting puberty at age 7. With animation, frank video diary entries, and unflinching camerawork, this program looks at how diet, hormones, peer pressure, and bullying affect the inner and outer lives of girls. Teachers find that this could be used for faculty and student peer group leaders.

Self-esteem in adolescence; Teenagers-Adolescent Girls; Peer pressure; Adolescence; Human biology; Adolescence-Physiological aspects; Puberty and Sexual Education; Puberty; Puberty-Social aspects; Biology; Peer pressure in adolescence; Bullying in schools; Bullying; Emotions in adolescence; Mental Health Month (May); Adolescence-Psychological aspects

### Groark Learns About Bullying

011502 DV

PI 28 min 1996 Live Wire Video  
*Getting Along with Groark Series* - The puppet Groark is playing with his friends when two of them start teasing and picking on a third one. As the situation escalates Groark gets drawn in, and, before he realizes it, Groark is picking on his best friend. When his friend goes off crying, Groark doesn't understand what happened until he learns from a group of real children how he and the others were being bullies, and how hurtful that was to the victim. Groark returns to the playground, convinces the other kids that they have been cruel and unfair, and together they make peace with the friend they had picked on. In each of the five episodes in the series, Groark, an affable, childlike dragon puppet, gets into a tense situation with some of his puppet friends. After he discusses the problem with his partner and adult companion, ventriloquist Randel McGee and a group of real elementary school children, he applies what he has learned and succeeds in bringing about a peaceful, positive solution. With printed discussion guide.

Human Relations; Bullying; Guidance

### Growing Up Online

012977 DV

IJSA 60 min 2008 Thirteen/WNET  
*Frontline Series* - The program peers inside the world of this cyber-savvy generation through the eyes of teens and their parents, who often find

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themselves on opposite sides of a new digital divide. A generation with a radically different notion of privacy and personal space, today's adolescents are grappling with issues their parents and teachers never had to deal with: from cyber bullying - which has led to suicides - to instant "Internet fame," to the specter of online sexual predators. Frontline producer Rachel Dretzin investigates the risks, realities, and misconceptions of teenage self-expression on the World Wide Web.

Computers; Internet—Safety measures; Internet and teenagers; Computer security—United States; Guidance; Bullying in schools; Bullying; Internet and children

### Happy to Be Nappy And Other Stories Of Me

011241 VH, DV  
PI 30 min CA 2004 Amazon.com  
The program features animated adaptations and illustrations from classic children's books including 'Susan Laughs' by Jeanne Willis; HAPPY TO BE NAPPY by Bell Hooks and Chris Raschka; DOG EARED by Amanda Harvey; MADLENKA by Peter Sis; IT'S OKAY TO BE DIFFERENT by Todd Parr; MARGARET AND MARGARITA by Lynn Reiser; HUG O'WAR from WHERE THE SIDEWALK ENDS by Shel Silverstein; LITTLE SONG by Langston Hughes; ME I AM! by Jack Prelutsky. The tales share poignant stories of special children who are empowered by their own uniqueness and correspond to real-life children. African American girls discuss feeling different from their classmates; a young boy who is blind attends a mainstream school; an eight-year-old girl grows up "little" due to dwarfism; the only boy in a dance class overcomes teasing by others, and a young boy with cerebral palsy shows how he fits in with his more mobile friends. Through these stories children learn to embrace the individuality of others, no matter what their differences may be. The program covers diversity, disabilities, blindness, wearing glasses, multiple sclerosis, deafness, sign language, bullying, losing a tooth, black studies, gender issues.

Guidance; Bullying; Stories; Black Studies—Culture & History—Fiction; Sexual Orientation and Gender Issues; Health & Safety; Gender Issues

### Harassment

013214 VH, DV  
IJ 14 min CA 2007 Library Video Company  
*You can solve it! Series* - Open-ended scenarios serve as examples to prompt moral and critical understanding of bullying and harassment problems. Featured episodes draw commonality between individual or group bullies and the victim. Provides interactive mode to

present questions on-screen. Develops class responses, role playing, teacher-initiated discussion, and writing. (371.5/8)

Bullies—Drama; Teenagers—Conduct of life; Harassment—Drama; Counseling in middle school education; Gossip—Drama; Joking relationships—Drama; Teasing—Drama; Bullying

### Harassment Hurts : Gossiping, Taunting and Bullying

012250 VH  
I 18 min 2003 Sunburst Visual Media  
*Student workshop Series* - Intended for reducing or preventing emotional harassment in the school environment, shows children grades 3 - 5 the devastating effects of gossiping, taunting and bullying. Motivates discussion strategies for coping with this problem. (302.3)

Tolerance—Study and teaching (Elementary); Bullying in schools—Psychological aspects; Counseling in elementary education; Gossip—Psychological aspects; Harassment; Guidance; Bullying

### Health for children

*For descriptions see individual titles:*  
Decisions and Conflicts [013202]

### Hearts in Atlantis

010358 VH, DV  
JS 101 min CA 2002 Library Video Company  
Anthony Hopkins, Hope Davis and David Morse star in this adaptation based on a Stephen King novel. Set in small-town Connecticut in 1960, the story centers around an 11-year-old fatherless boy, whose life is changed when an eccentric man with a psychic gift returns to his hometown and boards at the boy's home. The older man befriends the young boy but is not trusted by his mother. As time passes, the man and boy share confidences, and special powers are revealed. The two share a summer's worth of adventures. In the end, a confrontation with a school bully will change everyone. DVD includes special features; in English and French (dubbed). Rated PG-13.

Feature films; Drama; Teaching; Bullying; Guidance

### \* Help Your Young Teen

#### Understand Bullying

014068 DV  
A 24 min CA 2006 Human Relations Media  
Aimed at parents and teachers of middle schoolers to help understand the issues of bullying surrounding middle schoolers. The program shows how bullying can be subtle when a teen tries to exert power over another or when a targeted teen is ostracized systematically. Parents are encouraged to work with the school to stop bullying before it becomes an issue.

Bullying & Harassment—Bullying & Harassment; Counseling in secondary school education; Counseling in middle school education; Bullying—Prevention; Teenagers—Counseling of; Human Relations Media DVDs; Bullying; Bullying—Drama; Bullying in schools; Bullying & Harassment—Kindness

### Hoot

012574 DV  
IJ 91 min CA 2006 Amazon.com  
*New Line platinum series* - Cinematic rendition of story evolving around Roy Eberhardt, a middle school student who moves from Montana to Florida. He finds his initial reticence of overcoming the social changes are further exacerbated by being castigated by Dana Matherson, the towering bully and his partners daily. He notices a mysterious barefoot boy running through the everglades whom he is captivated by. Mullet Fingers, the local outcast makes Roy privy to his endeavours at protecting the burrowing owls settlement. It emerges that the diverse habitat of the Everglades are facing a constant challenge from human commercial onslaught particularly from the All-American Pancake House which is bent upon taking the owls habitat at any cost. Roy and the school tomboy identify with Mullet and realise the immense stake facing the owls, gradually building his love for the natural habitat. The saving of the owls becomes their utmost priority. (791.43/7)

Burrowing owl—Drama; Bullying; Feature films; Life sciences; Environmental protection—Drama; Florida—Drama; Hiaasen, Carl—Film and video adaptations; Humor & Satire; Owls—Drama

### How to Eat Fried Worms

012490 DV  
IJ 98 min CA 2006 Amazon.com  
*New Line platinum series* - Cinematic rendition of a family with two boys who apparently move into a new town with no particular reason. Billy braves his first day at school but is compelled to succumb to bullying by Joe and his band of fifth grade compatriots. Joe and the thugs insert a fistful of worms into Billy's thermos flask during lunch break. Billy rakes up courage to fling a wiggly worm to Joe's face who dares him to worm-eat. One Saturday afternoon Billy and his brother left by their parents, go on a rampage in the neighbourhood kitchens searching diabolic worm recipes. In all these travails of Billy and his brother, the lessons of bullying are kept in view. (791.43/7)

Feature films; Rockwell, Thomas,—1933—Film and video adaptations; Bullying; Language arts (Elementary); Adolescence—Drama; Worms—Drama; Bullying—Drama

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### In the Mix

For descriptions see individual titles:  
Stop Bullying - Take a Stand!  
[012385]

### It's so much work to be your friend : helping the child with learning disabilities find social success

013457 DV

SA 90 min CA 2005 PBS Video  
The program seeks to inform and enlighten about ways to ameliorate the disabled child through education and attain social success. Contrary to the general joy filled, laughter adventurous lives of most children and important sociality of them through their classmates, teammates and friends, some children are deprived of these important social possibilities and links with peers, leading to isolation and being ignored. Richard Lavoie explores what causes and impact results from this as what is deemed children's "social incompetence." He provides basic ways through which friendship skills can be inculcated through schools, home and community. (371.9)

Social skills in children; Learning disabled children; Teachers—Training of; Professional education; Interpersonal relations in children; Bullying; Bullying—Prevention; Parenting; Social acceptance in children

### Let's Get Real

011035 VH, DV

IJS 35 min CA 2003 Women's Educational Media

Discussion of bullying and name-calling in which students speak up about the real issues behind the problem. With courage and candor, students talk about racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. No professional actors were used in this film and there are no adults telling viewers how to solve these problems. Instead, for 35 minutes, middle school kids tell it like it is. "I like making people mad. I don't know why, but I do," says one student who admits he's a bully. "It gives you a feeling of power." On the other side of the coin, a diverse group of students tell heart-wrenching stories of being called names because of their religion, nationality, special ed status, or the clothes they wear. The language is blunt, and includes terms like "gay," "jew," "booty," "nigger," "fatso" and "dyke." Featured are students in hallways, in gym class, in band practice; both inside and outside their schools and wherever else they are, bullying and name-calling are present. The video ends on a hopeful note, as a girl who intervened to stop a name-calling incident tells how good that made her feel. The video contains two versions: an uninterrupted cut and an

instructional version with eight segments, each approx. 4 min. long, that includes breaks for discussion.

Guidance; Human Relations; Psychology; Bullying; Sexual Orientation and Gender Issues

### Life skills

For descriptions see individual titles:  
Solving Conflicts with Teachers, Parents and Peers [014000]

### \* Magic in the Air

BP 12 min 2002 Nat'l Film Bd of Can

Stars a lovable teddy bear, Ludovic, brought to life through puppet animation, who helps children age 2 to 6 learn to deal with social situations as they take their first steps into the world around them. In "Magic in the Air," Ludovic learns that friendship can help him face the fiercest bully.

Cooperation; Guidance; Death—Drama; Stories; Language arts; Bullying; Foreign Language: French; Art; Death & Dying

### \* Managing Emotions

### \* Bullying : You Don't Have to Take It Anymore!

014072 DV

JS 22 min CA 2002 Human Relations Media

Provides insight into the problem of bullying. Explains that boys and girls bully in different ways. Presents two scenarios with discussions on what has taken place. Marcus is being bullied by Tim and John. Julie starts a rumor which causes Lisa to be ostracized at school. Examines the underlying reasons bullies behave the way they do as well as the emotional and psychological impact on those being bullied. Presents strategies on dealing with bullies. (302.3)

Counseling in secondary education; Aggressiveness; Adolescent psychology; School violence—Prevention; Self-esteem; Human Relations Media DVDs; Counseling in middle school education; Truthfulness and falsehood; Conduct of life; Bullying; Harassment; Violence—Prevention; Bullies; Self-confidence; Social influence; Conflict management

### My Bodyguard

012387 DV

IJS 96 min CA 1980 Amazon.com  
Terrorized by the school bully, a young man hires the school misfit to be his bodyguard and the two form a fast friendship. (791.43/7)

Bullying in schools; Male friendship—Drama; High school students—Drama; Bullying; Counseling in middle school education; Social studies; Foreign Language: French; Adventure films.—gafd; Language arts; Guidance; Conduct of life—Drama; Bullies—Drama; Friendship—Drama; Interpersonal relations—Drama; Feature films; Problem youth—Drama; Language arts (Elementary)

### New Line platinum series

For descriptions see individual titles:  
Hoot [012574]  
How to Eat Fried Worms [012490]

### No Name-Calling: Creating Safe Environments

012408 DV

PIJ 28 min CA 2004 Human Relations Media

This No Name-Calling Week Resource Kit explores the issue of name-calling and identifies how this form of teasing impacts self-esteem in adolescence. Examines how name calling often leads to bullying and harassment. Combines real life scenarios and interviews with teenagers to demonstrate the emotional damage associated with hurtful words. Dramatizes a segment from James Howe's book "The Misfits," illustrating how students work to inaugurate a No Name-Calling week at their school. Emphasizes constructive ways for creating a positive school environment where everyone will feel safe and free to learn. For grades 4 - 9. (177)

Health education; Conduct of life; Self-esteem; Teenagers—Conduct of life; Human Relations Media DVDs; Intimidation; Respect; Harassment; Teasing; Bullying in schools; School environment; Adolescent psychology; Teenagers—Interviews; Emotions in adolescence; Counseling in elementary education; Counseling in middle school education; Life skills; Teenagers—Behavior—Social aspects; Guidance; Bullying

### Odd Girl Out

013402 DV

JS 85 min CA 2005 Amazon.com

Traces the struggle of fourteen-year-old Vanessa Snyder confronted with brutality and pressured by peers at school. An adorable girl, she is secretly envied by Nikki Rodriguez due to her friendship with other 'in' girls like Stacy who befriends her but is a turncoat. Vanessa is tormented by unfounded rumours, the silent treatment, abusive emails, vicious websites, and the eventual ostracization by her 'in' friends. The bullying and degradation escalate to make Vanessa have nervous breakdown. The school principal refuses to take action against non-physical bullying. However, her mother

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Barbara finds evidence of cyber-bullying which she sends to the principal. This helps Vanessa to stand up to Stacy.

Internet bullying-Internet bullying; Bullying-Drama; Feature films-United States; Bullying in schools-Psychological aspects; Bullying in schools; Bullying; Feature films

### \*Owen

P 13 min 1995 Library Video Company  
*Scholastic video collection Series -*  
Animated story about teasing, bullying, friendship, respect and self-esteem in which Owen's parents won't let him bring his fuzzy blanket to school but his mother has a solution. Written and illustrated by Kevin Henkes. Narrated by Sarah Jessica Parker and music composed by Ernest V. Troost.

Bullying in schools; Guidance; Animals-Fiction; Stories; Children's stories-Film and video adaptations; Bullying; Human Relations; Teasing; Children's stories; Mice-Fiction

### \*Play It Safe : Strategies for a Safe School Environment

014066 DV  
IJ 18 min CA 2009 Human Relations Media  
Uses dramatic vignettes, real person interviews and teen hosts to demonstrate that students themselves can be active players in creating a safe school environment. Stress that students help to create a safe school environment when they realize the seriousness of gossiping, taunting, ignoring others, labeling outsiders, isolating other students, teasing, demonstrating intolerance, bullying, and excluding others from peer groups. Students learn how important it is to refrain from negative behaviors, whether in school or on the Internet. Presents The Five Safe School Strategies: Stay Alert, Identify Risks, Speak Up, Be Considerate and Participate. Viewers also learn how to use their influence to encourage peers to follow these strategies. (371.7)

Children-Conduct of life; Bullying-Prevention; Human Relations Media DVDs; Computers and children-Safety measures; Counseling in elementary education; Schools-Safety measures; Cliches-Prevention; Bullying; Peer pressure; Teenagers-Conduct of life; Gossip-Prevention

### The Power of Girls: Inside and Out

012436 DV  
IJS 20 min 2004 Blake Works, Inc.  
Girls talk about the challenges they face growing up: bullying, eating disorders, early sex and coping with loss. They describe how support from

peers, parents and another caring adult made the difference.

Adolescence; Guidance; Puberty and Sexual Education; Food Pyramid and Healthy Eating; Mental Health Month (May); Sex Education; Bullying; Health & Safety

### Respect (Six Pillars of Character)

011347 VH, DV  
PI 25 min 2003 Live Wire Video  
*Six Pillars of Character, The Series -*  
"Popcorn Park Puppet" Burna discovers that name-calling, teasing, and put-downs are not just harmless fun. Presented in segments with humor and songs, the program engages young students in thinking, talking, and writing activities. From the award-winning series about core ethical values: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. By the foundation of the "Character Counts!" youth-ethics initiative, a concept developed by the Josephson Institute of Ethics. DVD in English, Spanish.

Human Relations; Bullying; Foreign Language: Spanish; Guidance

### Scholastic video collection

*For descriptions see individual titles:*  
Chrysanthemum [014494]  
Chrysanthemum and More Kevin Henkes Stories [P08482]  
Owen [014495]  
A Weekend with Wendell [014496]

### Silent on the Sidelines: Why We Ignore Bullying

011036 VH, DV  
IJ 24 min 2004 Sunburst  
Bullying behavior peaks in middle school and can even occur between kids who see each other as friends. Popular students may bully others for social control, to look powerful, or for fun, but those who are bullied often bully others in turn and the results of their explosive anger can sometimes be deadly. The bully's power comes from the silence of those who witness it. Few will speak up against it for fear of being grouped with an unpopular teen and standing against the bully who is often a powerful figure in more ways than one. This program - available on DVD and VHS video - helps teens see what can happen when the group decides to exert its power and not tolerates bullying behavior. Critical thinking is challenged as students are asked to discuss and evaluate the position and behavior of those who remain on the sidelines while innocent people suffer. They will see the advantage to all, themselves included, in a school environment where everyone is safe and not made miserable. Teacher's guide included.

Psychology; Human Relations; Guidance; Bullying

### Six Pillars of Character, The

*For descriptions see individual titles:*  
Respect (Six Pillars of Character) [011347]

### \*The Snow Gift

BP 14 min 1998 Nat'l Film Bd of Can

Stars a lovable teddy bear, Ludovic, brought to life through puppet animation, who helps children age 2 to 6 learn to deal with social situations as they take their first steps into the world around them. Ludovic invents games with a toy that comes to life, in order to pass away the long winter days.

Language arts; Foreign Language: French; Bullying; Cooperation; Art; Guidance; Stories

### \*Solving Conflicts with Teachers, Parents and Peers

014000 DV  
IJ 17 min 2001 Human Relations Media

*Life skills Series -* Discusses conflict management techniques for dealing with conflicts that may occur at home, at school and in the community. Uses real life scenarios depicting conflicts involving parents, teachers and friends, including bullying, sarcasm, threats, and aggressive behavior. Offers healthy solutions for resolving each type of conflict, encouraging adolescents to respect others and use positive techniques for resolving conflicts. (303.6/9)

Interpersonal conflict; Bullying; Teenagers-Behavior-Social aspects; Conduct of life; Respect for persons; Interpersonal communication; Health education; Negotiation; Life skills; Conflict management; Adolescent psychology; Human Relations Media DVDs; Counseling in middle school education; Counseling in elementary education; Violence-Prevention; Teenagers-Conduct of life; Problem solving; Attitude (Psychology)

### Sticks and Stones : Let's Talk About Teasing

012248 VH, DV  
PI 23 min 1995 Human Relations Media

Combines interviews with elementary students and real life scenarios to explore the effects of teasing. Defines what it means to tease another person. Portrays situations that depict teasing behavior on the playground, in the classroom, and at school. Offers positive techniques to deal with aggressive behavior and prevent unnecessary conflict. (302.3/4)

## Bullying

Problem solving; Children—Conduct of life; Children—Behavior—Social aspects; Life skills; Health education; Guidance; Respect for persons; Human Relations Media DVDs; Interpersonal relations; Conduct of life; Bullying; Counseling in elementary education; Teasing; Aggressiveness; Conflict management; Counseling in middle school education; Tolerance

### Stop Bullying - Take a Stand!

012385 DV  
IJS 29 min 2005 Castle Works  
*In the Mix Series* - Teenagers model how bullying and harassment occurs, even in high school, and how to prevent these situations from becoming dangerous. The program provides advice to victims, parents and bystanders and includes compelling personal stories and a segment on cyberbullying. (302.3/4)

Bullying—Prevention; Bullying in schools; Aggressiveness in adolescence; Guidance; Counseling in secondary education; Bullying; Limited Public Performance Rights

### Student workshop

*For descriptions see individual titles:*  
Harassment Hurts : Gossiping,  
Taunting and Bullying [012250]

### \* Students and Self-Destructive Behavior

013836 DV  
A 49 min CA 2003 Library Video Company  
*Conflict Resolution for Educators Series* - Due to stress or trauma in their everyday lives, students may begin to abuse drugs or develop eating disorders to cope. This video outlines for school staff members strategies and steps to take when dealing with troubled students. When the warning signs are missed, a drinking problem can get out of control or a problem with bulimia can end up with a child in the emergency room. These vignettes provide a basis for discussing and facing these serious issues. (158.1)

Mental Health Month (May); Bullying; Professional education; Drug and Substance Abuse; Alcohol and Drinking; Self-esteem; Food Pyramid and Healthy Eating; Conflict management—Study and teaching; Teachers—Training of

### \* Succeeding in Middle School

### \* The Power Trip : Bullying in School

014208 DV  
IJ 21 min 2006 Human Relations Media  
Helps students to understand different types of bullying and to learn ways to successfully deal with many sorts of bullies. Other topics explored include

the difference between bullying and teasing, when you should tell an adult about being bullied, what bystanders can do to prevent bullying and how bullied kids can "stand up, step up and speak out" to stop bullying. (302.3)

Human Relations Media DVDs; Bullying in schools; Counseling in middle school education; Aggressiveness; Counseling in elementary education; School environment; Violence—Prevention; Conflict management; Conduct of life; Bullies; Harassment; Bullying

### Surviving High School

009024 VH, DV  
JSA 59 min 1999 AIMS Multimedia  
*Teen Files, The Series* - This program addresses stress management, self esteem, social skills, resisting peer pressure, behavioral choices and consequences, conflict resolution, safety and injury prevention, eating disorders, alcohol and drug education, suicide prevention, youth-at-risk, and family life issues. Eleven teens struggling to fit in exemplify these problems. Their challenges are to find solutions to the bullying, harassment, and exclusion that have been tearing their school apart. The program motivates teens to face modern-day pressures and make positive changes on how they perceive themselves and treat others. Also recommended for teachers and parents.

Health & Safety; Drug and Substance Abuse; Drug abuse; Guidance; Adolescence; Mental Health Month (May); Food Pyramid and Healthy Eating; Alcohol and Drinking; Bullying

### \* Surviving Peer Pressure : You Can Do It!

013988 DV  
JS 22 min 2005 Human Relations Media  
Combines commentary with real-life scenarios to demonstrate the impact of peer pressure in adolescence. Identifies different types of peer pressure and presents six steps for making the right decision when confronted with these social pressures. Presents five segments that portray how teenagers make critical decisions in typical peer pressure situations, such as raiding a liquor cabinet, participating in bullying behavior, cheating and shoplifting. Each scenario stops at a critical juncture to allow students to review the six steps used for making the right choice and consider the consequences of their decision. (303.3/27)

Teenagers—Conduct of life; Human Relations Media DVDs; Social pressure; Bullying; Friendship in adolescence; Conformity; Decision making; Adolescent psychology; Counseling in elementary education; Peer pressure in adolescence; Life skills; Counseling in middle school education

### Teen Files, The

*For descriptions see individual titles:*  
Surviving High School [009024]

### Teen Truth : An Inside Look at Bullying and School Violence

012705 DV  
IJS 24 min CA 2006 Human Relations Media  
Examines the relationship between bullying and escalating school violence. Features interviews with teenagers who discuss the emotional issues of social acceptance or isolation in school, explaining why some students become a target for bullies. Contains news footage and 911 calls of actual events involving school violence and provides insight into the thoughts of a teenager who turned violent because of being bullied. (371.7/82)

Social acceptance—Psychological aspects; Bullying; Life skills; Teenagers—Conduct of life; Counseling in middle school education; Human Relations Media DVDs; Guidance; Aggressiveness in adolescence; Bullying—Prevention; Defensiveness (Psychology); Adolescent psychology; Violence—Prevention; School violence—Prevention; Social isolation—Psychological aspects; Bullying in schools; Counseling in secondary education

### Think Before You Click : Playing it Safe Online

013186 DV  
JS 24 min CA 2008 Human Relations Media  
Suggests important rules and strategies to master and apply for teens surfing the internet. Analyses the widespread nature of online bullying, rumor spreading, identity theft, blogging, and sexual predators. 12 Simple Rules for safety and responsible Internet use are suggested for self-protection. (004/.67)

Bullying; Internet and teenagers; Human Relations Media DVDs; Technology and civilization; Internet—Safety measures; Counseling in middle school education; Safety education; Counseling in secondary education

## Bullying

### **This American Life (Bullying)**

012379 DV  
2006

Audio program about bullying, from THIS AMERICAN LIFE: The Allure of a Friend, The Cruelty of Children (1996); It's Never Over (2006).

Bullying; Bullying–Prevention; Bullying in schools; Guidance

### **Using Your Wits : Strategies To Stop Bullying**

012249 VH, DV

PI 11 min 2002 Human Relations Media

Presents two role plays, one with boys and the other with girls, that involve bullying behavior. Matt is being harassed by two boys at school and Stacey, a new student, is being treated meanly by some of the girls. Stresses using one's WITS, Walk away, Ignore the bully, Talk to someone and Seek help. Features self-help and conflict management techniques to use when being bullied or harassed in other ways, such as making friends. (302.3)

Harassment; Guidance; Bullying; Conflict management; Teasing; Bullies; Aggressiveness; Self-esteem; Social influence; Conduct of life; Violence–Prevention; Counseling in elementary education; Human Relations Media DVDs; Intimidation; School violence–Prevention; Toughness (Personality trait); Health education; Child psychology

### **\* Visiting Grandpa**

BP 12 min 2001 Nat'l Film Bd of Can

Stars a lovable teddy bear, Ludovic, brought to life through puppet animation, who helps children age 2 to 6 learn to deal with social situations as they take their first steps into the world around them. (10 min). "Visiting Grandpa" is a poignant story of a grandfather and grandson who gradually learn to accept the death of a loved one.

Cooperation; Guidance; Death–Drama; Stories; Language arts; Bullying; Foreign Language; French; Art; Death & Dying

### **\* A Weekend with Wendell**

P 9 min 1998 Library Video Company

*Scholastic video collection Series* - Animated story about teasing, bullying, friendship, respect and self-esteem in which Sophie learns to assert herself during a weekend visit with bossy, big-mouth Wendell. Written and illustrated by Kevin Henkes (9 min).

Bullying in schools; Guidance; Animals–Fiction; Children's stories–Film and video adaptations; Stories; Bullying; Human Relations; Teasing; Children's stories; Mice–Fiction

### **What We Learned About Bullying**

012595 DV  
2000

iMediaSource

A Sunburst title, from United Streaming.

Guidance; Bullying

### **The Wise Owl Bully Stopper Kit**

012307 DV

P 45 min CA 2006 Human Relations Media

Educates K - 2 students to recognize bullying behaviors, understand what motivates bullies, and devise new strategies for standing up to bullies. Teaches positive social skills, such as cooperation, communication, and conflict resolution. (371.5)

Human Relations Media DVDs; Bullies; Life skills; Counseling in elementary education; Bullying; Guidance; Social conflict; Bullying–Prevention; Conflict management; Aggressiveness

### **You can solve it!**

*For descriptions see individual titles:*  
Harassment [013214]

### **\* You're Mean! : When Words Hurt Us**

014071 DV

PI 13 min CA 2007 Human Relations Media

Helps students understand that words can hurt whether the insults are intentional or the inadvertent result of "trying to be funny." Four common school and home vignettes identify the power of words: a know-it-all who tries to boss others around, a playground bully who enjoys picking on other children, a teacher's pet who relishes seeing other students make mistakes, and an older sibling whose sarcastic banter distresses her little brother. Each vignette includes a positive outcome where children find a way to stand up for themselves and overcome the power of hurtful words. (303.6)

Bullying; Human Relations Media DVDs; Invective; Conduct of life; Harassment; Attitude (Psychology); Interpersonal relations; School environment; Counseling in elementary education; Conflict management

### **Youth Voices: Create with Purpose - 2006-2007**

#### **Compilation**

013025 DV

IJS 53 min 2007 Thirteen/WNET

Adobe Youth Voices is a global philanthropy initiative by the Adobe Foundation designed to provide youth in underserved communities with the critical skills they need to become active and engaged members of their communities and the world at large. The episodes, produced by middle and upper school students, examine stereotypes, schools, the media, gender issues, career, teen pregnancy,

runaway children, violence, courage, bullying, globalization and the environment.

Teenagers–Interviews; Social studies; Stereotype (Psychology); Social studies; Youth and violence; Race discrimination–United States; Parenting; Bullying in schools; Sexual Orientation and Gender Issues; Gender Issues; Racism–United States; Environmental Aspects; Discrimination; Bullying; Globalization